

# Elter Wald- und Crosslauf

Ergebnisliste 10200m Crosslauf

Seite: 1  
Uhrzeit: 17:16  
Datum: 19.01.08

| Rang      | Name                         | Ort | Verein                                | Jg        | Kl.        | Platz    | MW-P.     | Zeit             | StNr |
|-----------|------------------------------|-----|---------------------------------------|-----------|------------|----------|-----------|------------------|------|
| 1         | Fischer, Sebastian           |     | ESV Münster                           | 82        | M20        | 1        | 1         | 37:38,0          | 246  |
| 2         | Hessler, Andre               |     | LAV Rheine                            | 77        | M30        | 1        | 2         | 38:38,0          | 267  |
| 3         | Lau, Christian               |     | RSC Rheine / Team<br>fahrradgigant.de | 88        | M20        | 2        | 3         | 40:07,0          | 180  |
| 4         | Lampe, Robert                |     | Marathon Ibbenbüren                   | 72        | M35        | 1        | 4         | 42:22,0          | 273  |
| 5         | Licher, Eckhard              |     | VFL Kloster Oesede                    | 68        | M40        | 1        | 5         | 42:55,0          | 184  |
| 6         | Grabowsky, Klaus Dieter      |     | SC Spelle Venhaus                     | 53        | M55        | 1        | 6         | 43:09,0          | 228  |
| 7         | Evers, Ludger                |     | RSC Rheine                            | 58        | M50        | 1        | 7         | 43:17,0          | 317  |
| 8         | Veerkamp, Ludger             |     | LG Sandhasen Bentlage                 | 63        | M45        | 1        | 8         | 43:47,0          | 255  |
| 9         | Othmer, Andreas              |     |                                       | 72        | M35        | 2        | 9         | 43:52,0          | 243  |
| 10        | Wilke, Ulrich                |     | SC Spelle Venhaus                     | 68        | M40        | 2        | 10        | 44:56,0          | 219  |
| 11        | Uhlenbruch, Ralf             |     | SC Altenrheine                        | 65        | M40        | 3        | 11        | 44:57,0          | 316  |
| 12        | Grond, Josef                 |     | Marathon Steinfurt                    | 53        | M55        | 2        | 12        | 45:33,0          | 252  |
| 13        | Egbert, Frank                |     | SC Falke Saerbeck                     | 60        | M45        | 2        | 13        | 45:58,0          | 152  |
| 14        | John, Peter                  |     | LC Nordhorn                           | 54        | M50        | 2        | 14        | 46:03,0          | 277  |
| 15        | Wolf, Leonhard               |     | WSV Rheine                            | 93        | M20        | 3        | 15        | 46:04,0          | 221  |
| 15        | Buchholz, Volker             |     | ESV Münster                           | 64        | M40        | 4        | 15        | 46:04,0          | 258  |
| 17        | Huesmann, Stephan            |     | TVE Greven Triathlon                  | 65        | M40        | 5        | 17        | 46:17,0          | 168  |
| 18        | Weber, Markus                |     |                                       | 68        | M40        | 6        | 18        | 46:54,0          | 265  |
| 19        | Miethe, Ralf                 |     | TV Mesum                              | 71        | M35        | 3        | 19        | 47:38,0          | 285  |
| 20        | Neuhaus, Markus              |     |                                       | 68        | M40        | 7        | 20        | 47:44,0          | 295  |
| 21        | Kleine-Prauns, Ulrich        |     | TV Mesum                              | 65        | M40        | 8        | 21        | 47:47,0          | 315  |
| 22        | Lake, Christian              |     | TV Mesum                              | 70        | M35        | 4        | 22        | 47:51,0          | 312  |
| 23        | Rischmann, Oliver            |     | TC Kloster Oesede                     | 71        | M35        | 5        | 23        | 48:18,0          | 194  |
| 24        | Harmsen, Alfred              |     | SG Haftenkamp                         | 61        | M45        | 3        | 24        | 48:23,0          | 283  |
| <b>25</b> | <b>Stienemann, Martina</b>   |     | <b>ESV Münster</b>                    | <b>69</b> | <b>W35</b> | <b>1</b> | <b>1</b>  | <b>48:24,0</b>   | 229  |
| 26        | Vorloeper, Dietmar           |     | Flotte Socke                          | 57        | M50        | 3        | 25        | 48:36,0          | 218  |
| 27        | Altehüsing, Laurenz          |     | SC Spelle Venhaus                     | 51        | M55        | 3        | 26        | 48:39,0          | 144  |
| 28        | Henke, Gerhard               |     | SG Bad Bentheim                       | 55        | M50        | 4        | 27        | 48:58,0          | 233  |
| 29        | Hajek, Andreas               |     | Bienes Lauftreff                      | 59        | M45        | 4        | 28        | 49:04,0          | 261  |
| 30        | Adler, Peter                 |     | LG Emsdetten                          | 55        | M50        | 5        | 29        | 49:47,0          | 311  |
| 31        | Ollerdissen, Stefan          |     | TSVE 1890 Bielefeld                   | 65        | M40        | 9        | 30        | 49:49,0          | 247  |
| 32        | Nyenhuis, Dieter             |     | Brunkteria Dreierwalde                | 66        | M40        | 10       | 31        | 49:54,0          | 190  |
| 33        | Kwiatkowski, Wilfried        |     | ETUS Rheine                           | 65        | M40        | 11       | 32        | 50:24,0          | 179  |
| 34        | Rudolph, Eugen               |     | SUS Neuenkirchen                      | 69        | M35        | 6        | 33        | 50:49,0          | 235  |
| 35        | Wolf, Thomas                 |     | WSV Rheine                            | 60        | M45        | 5        | 34        | 50:50,0          | 223  |
| 36        | Winter, Heinz                |     | TV Georgsmarienhütte                  | 36        | M70        | 1        | 35        | 51:06,0          | 220  |
| 37        | Tost, Stefan                 |     | SC Altenrheine                        | 65        | M40        | 12       | 36        | 51:16,0          | 292  |
| 38        | Wieggers, Christoph          |     | SUS Neuenkirchen                      | 61        | M45        | 6        | 37        | 51:18,0          | 256  |
| 39        | Berghoff, Uli                |     | Bienes Lauftreff                      | 62        | M45        | 7        | 38        | 53:18,0          | 257  |
| <b>40</b> | <b>Krey, Reinhild</b>        |     | <b>LG Rheine-Elte</b>                 | <b>67</b> | <b>W40</b> | <b>1</b> | <b>2</b>  | <b>53:30,0</b>   | 177  |
| 41        | Kingal, Rolf                 |     | SC Spelle Venhaus                     | 47        | M60        | 1        | 39        | 53:37,0          | 175  |
| <b>42</b> | <b>Sandbote, Ines</b>        |     | <b>TVE Greven Triathlon</b>           | <b>74</b> | <b>W30</b> | <b>1</b> | <b>3</b>  | <b>53:49,0</b>   | 203  |
| 43        | Terbeck, Sascha              |     | Coesfeld                              | 75        | M30        | 2        | 40        | 53:59,0          | 212  |
| 44        | Wolf, Martin                 |     | WSV Rheine                            | 62        | M45        | 8        | 41        | 54:21,0          | 222  |
| 45        | Starke, Jan                  |     |                                       | 84        | M20        | 4        | 42        | 54:36,0          | 296  |
| 46        | Ziese, Bernd                 |     | Münster                               | 63        | M45        | 9        | 43        | 54:40,0          | 226  |
| 47        | Venker, Paul                 |     | LG Emsdetten                          | 47        | M60        | 2        | 44        | 54:53,0          | 215  |
| 48        | Bröskamp, Jörg               |     |                                       | 69        | M35        | 7        | 45        | 55:08,0          | 281  |
| <b>49</b> | <b>Meier, Marietheres</b>    |     | <b>Rheine</b>                         | <b>68</b> | <b>W40</b> | <b>2</b> | <b>4</b>  | <b>55:39,0</b>   | 188  |
| <b>50</b> | <b>Hirsch, Andrea</b>        |     | <b>LG Emsdetten</b>                   | <b>56</b> | <b>W50</b> | <b>1</b> | <b>5</b>  | <b>55:49,0</b>   | 310  |
| 51        | Starke, Mirko                |     |                                       | 77        | M30        | 3        | 46        | 57:00,0          | 300  |
| 52        | Gude, Ralf                   |     |                                       | 68        | M40        | 13       | 47        | 57:18,0          | 163  |
| <b>53</b> | <b>Fresenborg, Irmgard</b>   |     | <b>TV Mesum</b>                       | <b>56</b> | <b>W50</b> | <b>2</b> | <b>6</b>  | <b>57:23,0</b>   | 157  |
| <b>54</b> | <b>Schreiner, Karin</b>      |     | <b>LT Wettringen</b>                  | <b>61</b> | <b>W45</b> | <b>1</b> | <b>7</b>  | <b>57:24,0</b>   | 303  |
| 55        | Leonhardt, David             |     | Ohne                                  | 84        | M20        | 5        | 48        | 59:00,0          | 182  |
| <b>56</b> | <b>Neise, Ulla</b>           |     | <b>LT Wettringen</b>                  | <b>61</b> | <b>W45</b> | <b>2</b> | <b>8</b>  | <b>1:02:12,0</b> | 307  |
| 57        | Wanning, Gerold              |     |                                       | 59        | M45        | 10       | 49        | 1:03:07,0        | 231  |
| <b>58</b> | <b>Venker, Margret</b>       |     | <b>LG Emsdetten</b>                   | <b>47</b> | <b>W60</b> | <b>1</b> | <b>9</b>  | <b>1:07:23,0</b> | 214  |
| <b>59</b> | <b>Kaal-Baartman, Ingrid</b> |     | <b>Trimgroep Borne</b>                | <b>68</b> | <b>W40</b> | <b>3</b> | <b>10</b> | <b>1:08:29,0</b> | 238  |